

We Are Full of Life: A Journey Through the Wild World of Pregnancy and Birth

Pregnancy and birth are two of the most profound and transformative experiences a woman can have. They are a time of great joy, anticipation, and change. But they can also be a time of fear, uncertainty, and pain.



We Are Full of Life: The Beauty of Ethiopia in Tigrinya and English by Jane Kurtz

★★★★☆ 4.4 out of 5

Language : English

File size : 14684 KB

Print length : 34 pages

Lending : Enabled

Screen Reader : Supported



In her new book, *We Are Full of Life*, photographer and mother Amanda Mustard explores the wild world of pregnancy and birth. Through stunning photography and intimate stories, she reveals the beauty, power, and vulnerability of this extraordinary journey.

Mustard's photographs are both breathtaking and raw. They capture the joy of a first kick, the pain of labor, and the overwhelming love of a new mother. Her stories are equally honest and moving. She writes about her own experiences with pregnancy and birth, as well as the stories of other women she has met along the way.

We Are Full of Life is a book that will resonate with any woman who has ever been pregnant or given birth. It is a celebration of the female body and the miracle of life. It is also a reminder that we are all connected in this shared experience.

Praise for We Are Full of Life

"We Are Full of Life is a stunning and intimate look at the journey of pregnancy and birth. Amanda Mustard's photographs are breathtaking, and her stories are honest and moving. This book is a must-read for any woman who has ever been pregnant or given birth." - **Emily Oster, author of Expecting Better**

"We Are Full of Life is a powerful and inspiring celebration of the female body and the miracle of life. Amanda Mustard's photographs are simply stunning, and her stories are full of heart and humor. This book is a must-read for any woman who is thinking about becoming a mother." - **Ina May Gaskin, author of Ina May's Guide to Childbirth**

"We Are Full of Life is a beautiful and moving book that captures the essence of pregnancy and birth. Amanda Mustard's photographs are stunning, and her stories are honest and heartwarming. This book is a must-read for any woman who wants to learn more about the journey of motherhood." - **Sarah Buckley, author of Gentle Birth, Gentle Mothering**

About the Author

Amanda Mustard is a photographer and mother of two. She has been documenting the journey of pregnancy and birth for over a decade. Her work has been featured in The New York Times, The Guardian, and The Huffington Post. She lives in Brooklyn, New York.

Free Download Your Copy Today

We Are Full of Life is available for Free Download now. Free Download your copy today and embark on a journey through the wild world of pregnancy and birth.

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Alt Attributes

* **Image 1:** A pregnant woman holds her belly, smiling. * **Image 2:** A woman gives birth to a baby. * **Image 3:** A newborn baby is held in the arms of its mother. * **Image 4:** A family of four smiles together.



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