

# How My Massage Is Championing the #MeToo Movement



**The Laughing Massage: How My Massage is a Champion for the #METOO Movement** by James Nestor

★★★★☆ 4.3 out of 5

Language : English



File size	: 2153 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 160 pages



I am a massage therapist, and I am a survivor of sexual harassment and assault.

For years, I suffered in silence, ashamed and afraid to speak out about what had happened to me. But the #MeToo movement has given me the courage to share my story, and to use my voice to create change.

In my new book, "How My Massage Is Championing the #MeToo Movement," I share my experiences of sexual harassment and assault within the massage industry. I talk about the challenges I faced in reporting my abuse, and the ways in which the industry has failed to protect women.

I also share my story of healing and empowerment. I talk about how I found my voice and used it to speak out against sexual harassment and assault. I talk about the importance of self-care and self-love, and how we can all work together to create a more just and equitable world.

I wrote this book because I want to break the silence around sexual harassment and assault in the massage industry. I want to let other survivors know that they are not alone, and that there is hope for healing and empowerment.

I also want to challenge the massage industry to do better. I want to see the industry adopt stronger policies to protect women from sexual harassment and assault. I want to see the industry create more opportunities for women to succeed and to lead.

I believe that we can create a better future for the massage industry, and for all women. I hope that my book will inspire others to speak out against sexual harassment and assault, and to work together to create a more just and equitable world.

### **Excerpt from "How My Massage Is Championing the #MeToo Movement"**

"I was 22 years old when I was first sexually harassed by a client. I was working at a massage parlor in a busy downtown area. The client was a man in his late 40s. He was well-dressed and seemed polite.

During the massage, he began to make inappropriate comments. He told me that I was "beautiful" and that he "wanted to take me home." He also reached out and touched me inappropriately.

I was shocked and scared. I didn't know what to do. I had never been sexually harassed before.

I tried to ignore his comments and continue with the massage. But he kept making advances. Finally, I couldn't take it anymore. I stopped the massage and told him to leave.

He was angry and refused to leave. He called me names and threatened to hurt me. I was terrified.

I managed to get him to leave the parlor, but I was shaken to my core. I couldn't believe that something like this had happened to me.

I reported the incident to my manager, but she didn't seem to take it seriously. She told me that I should just "let it go" and that "these things happen."

I was furious. I couldn't believe that my manager was not going to do anything to help me.

I decided to take matters into my own hands. I went to the police and filed a report. The police were very helpful and took my case seriously.

The man was eventually arrested and charged with sexual harassment. He was found guilty and sentenced to six months in jail.

I was relieved that the man was finally brought to justice. But I was also angry that it had taken so long and that I had had to go through so much to get him there.

My experience is not unique. Sexual harassment and assault are rampant in the massage industry. A 2016 survey by the American Massage Therapy Association found that 62% of massage therapists have experienced some form of sexual harassment or assault on the job.

The massage industry is a male-dominated industry, and women are often seen as sexual objects. This creates an environment where sexual harassment and assault are more likely to occur.

The massage industry also has a lack of regulation. This makes it difficult for women to report sexual harassment and assault and to get the help they need.

I am speaking out about my experience because I want to break the silence around sexual harassment and assault in the massage industry. I want to let other survivors know that they are not alone, and that there is hope for healing and empowerment.

I also want to challenge the massage industry to do better. I want to see the industry adopt stronger policies to protect women from sexual harassment and assault. I want to see the industry create more opportunities for women to succeed and to lead.

I believe that we can create a better future for the massage industry, and for all women. I hope that my book will inspire others to speak out against sexual harassment and assault, and to work together to create a more just and equitable world."

## **Free Download Your Copy Today!**

"How My Massage Is Championing the #MeToo Movement" is available now on Our Book Library and Barnes & Noble. Free Download your copy today and join the movement to end sexual harassment and assault in the massage industry.

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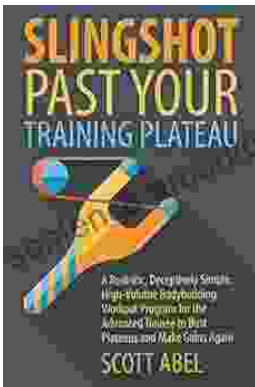
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