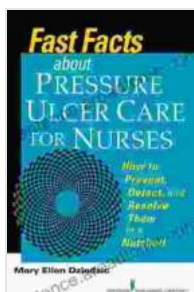


Fast Facts About Pressure Ulcer Care For Nurses

What are pressure ulcers?

Pressure ulcers are wounds that develop on the skin when there is too much pressure on the skin for too long. They can occur anywhere on the body, but they are most common on the heels, buttocks, and tailbone.

Pressure ulcers are classified into four stages, with stage 1 being the least severe and stage 4 being the most severe.



Fast Facts About Pressure Ulcer Care for Nurses: How to Prevent, Detect, and Resolve Them in a Nutshell

by Mary Ellen Dziedzic

★★★★☆ 4.2 out of 5

Language : English

File size : 3419 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 185 pages



What causes pressure ulcers?

Pressure ulcers are caused by pressure on the skin that exceeds the capillary pressure of the skin. This can occur when a person is lying in bed or sitting in a chair for a long period of time without moving. Other factors that can contribute to pressure ulcers include:

- Immobility
- Incontinence
- Malnutrition
- Poor circulation
- Diabetes

How can pressure ulcers be prevented?

There are a number of things that nurses can do to prevent pressure ulcers from developing in their patients. These include:

- Repositioning patients every two hours
- Using pressure-relieving devices, such as mattresses and cushions
- Keeping patients clean and dry
- Providing adequate nutrition
- Managing incontinence

How are pressure ulcers treated?

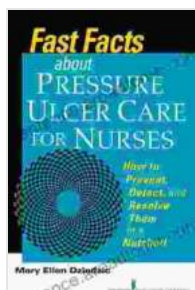
The treatment for pressure ulcers depends on the stage of the ulcer. Stage 1 pressure ulcers can be treated with simple measures, such as cleaning the wound and applying a dressing. Stage 2 pressure ulcers may require more aggressive treatment, such as debridement and antibiotics. Stage 3 and 4 pressure ulcers may require surgery.

What is the role of nurses in pressure ulcer care?

Nurses play a vital role in the prevention and treatment of pressure ulcers. They are responsible for assessing patients' risk for developing pressure ulcers, implementing preventive measures, and providing treatment for pressure ulcers that do develop. Nurses must be familiar with the latest evidence-based practices for pressure ulcer care and must be able to work with patients and their families to develop a plan of care that meets the needs of the individual patient.

Pressure ulcers are a common problem for hospitalized patients. They can be painful, uncomfortable, and slow to heal. Nurses play a vital role in preventing and treating pressure ulcers. This book provides nurses with the essential information they need to know about pressure ulcer care.

If you are a nurse who is caring for patients with pressure ulcers, this book is a valuable resource for you. It will help you to provide the best possible care for your patients and to prevent pressure ulcers from developing in the future.



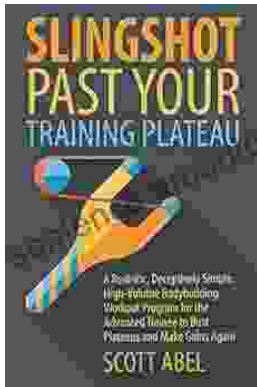
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