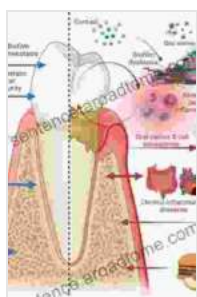


# Clinical Evidence and Biological Plausibility: The Definitive Guide to Evidence-Based Healthcare

Evidence-based healthcare is a systematic approach to making decisions about healthcare that is based on the best available evidence. It involves using the best available evidence to make decisions about the diagnosis, treatment, and prevention of disease.



## Periodontitis and Systemic Diseases: Clinical Evidence and Biological Plausibility by Maxine A. Papadakis

★★★★☆ 4.8 out of 5

Language : English  
File size : 23059 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 358 pages



Clinical Evidence and Biological Plausibility is the definitive guide to evidence-based healthcare, providing a comprehensive overview of the principles and methods of evidence-based practice. This book will empower you to make informed decisions about your health and healthcare, based on the best available evidence.

**What is evidence-based healthcare?**

Evidence-based healthcare is a systematic approach to making decisions about healthcare that is based on the best available evidence. It involves using the best available evidence to make decisions about the diagnosis, treatment, and prevention of disease.

The goal of evidence-based healthcare is to improve the quality of healthcare by ensuring that decisions are made on the basis of the best available evidence. This can lead to better outcomes for patients, reduced costs, and increased patient satisfaction.

### **The principles of evidence-based healthcare**

The principles of evidence-based healthcare are:

- The best available evidence should be used to make decisions about healthcare.
- The evidence should be critically appraised to ensure that it is valid and reliable.
- The evidence should be applied to the individual patient in a way that is tailored to their individual needs.
- The results of healthcare interventions should be monitored and evaluated to ensure that they are effective.

### **The methods of evidence-based healthcare**

The methods of evidence-based healthcare include:

- **Systematic reviews:** A systematic review is a comprehensive and systematic review of all the available evidence on a particular topic.

Systematic reviews are used to identify the best available evidence and to make recommendations for practice.

- **Meta-analyses:** A meta-analysis is a statistical analysis of the results of multiple studies. Meta-analyses are used to combine the results of multiple studies and to provide a more precise estimate of the effect of an intervention.
- **Randomized controlled trials:** A randomized controlled trial is a type of clinical trial in which participants are randomly assigned to receive either an experimental intervention or a control intervention. Randomized controlled trials are used to evaluate the effectiveness of new interventions.
- **Observational studies:** Observational studies are studies in which researchers observe the outcomes of participants over time. Observational studies are used to identify risk factors for disease and to evaluate the effectiveness of interventions.

## **Clinical Evidence and Biological Plausibility**

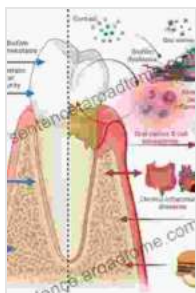
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Clinical Evidence and Biological Plausibility is essential reading for anyone who wants to make informed decisions about their health and healthcare. This book will empower you to ask the right questions, understand the evidence, and make the best decisions for yourself and your loved ones.

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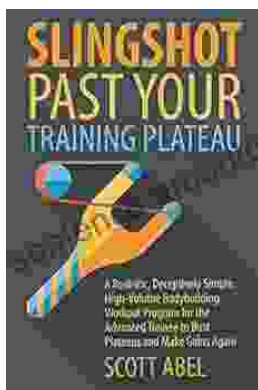


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